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CHAPTER 1

Baleria Solidarity Manual overview

This chapter is part of the Baleria Solidarity Manual. The Manual was created within the Erasmus+ Sport project BALERIA – Social Inclusion Programme for Educators, School Kids and Parents.

More useful materials:

W. www.baleria.eu/project/

FB. BaleriaProject

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The principle of solidarity is used to help us understand how to relate to each other in community. It reminds us that we are part of our local and national community and at the same time challenges us to look at the full range of our relationships with others. Solidarity requires from us to look out to an extended community and to act with concern for the well-being of those whom we share this Earth.

Solidarity is the process of building a movement that embodies mutual care and concern for equality and justice. Solidarity works best when there is respect for each other's differing needs and life circumstances.

Common life initially rests on the predisposed need of human beings to live together, forming a community. Solidarity gives reasons to improve social moral rules in order to bring them more in line with our group's ideals and shared values. It means to be polite, fair and helpful, supporting each other with reciprocity, fellowship and equality. The desire to help somebody should be mutual and equal, between groups and persons sharing common ideas, goals, aims and opinions.

Solidarity is an important principle which is supposed to form our social life. We have to focus on the values bringing to action. We believe in basic human rights and the need to live with respect and dignity. With the belief that we must protect our planet, air, water, soil and food we embrace Solidarity as the way in which diversity becomes our strength, trying to make the "give" and "take" mutual and equal.

Cultural differences might hamper mutual comprehension, but communication can always be possible when people wish to understand each other. The will to communicate, in spite of the differences, is a way to implement solidarity. We just have to look for what brings us together.

We aim at getting involved with neighbourhoods and community organizations for causes and activities presenting examples that call for us to bring our children along. Libraries, gyms, and other groups hold events and need community members' participation. Events as simple as story time or arts and crafts classes can instil a sense of belonging in children.

We find schools a most promising institutions for initiating projects and programmes for the benefit of our children and the future of our society as a whole.

Solidarity oriented programmes have been designed to cover several objectives, to improve functioning and organizational ability, to create and develop efficient structures, to organize training courses at various levels and to be responsible for defining the main actions, managing activities, and monitoring their implementation.

The BALERIA project principles are built on solidarity moral and ethical values that help us identify the needs and stimulates implementation of the Baleria Solidarity support.

General Framework

The purpose of this Manual is to assist solidarity and to act as an explanatory guide in the performance of its role and responsibilities. Baleria Solidarity support will encourage, promote and award acts of solidarity.

Thus, the BALERIA Solidarity Manual encompass ideas and practical examples based on the: Solidarity objectives and policies. In this Manual you can find:

- Solidarity code of conduct and Code of Ethical Conduct Policy;
- Relationship Policies and Communication activities (relationships with Civic Authorities and Legal Bodies);
- Model of Recycling activities, recycling and Events of collection.
- Solidarity in Practice (Non-profit organizations (NGOs)
- FUNDRAISING, Humanitarian aid; Reception of refugees; Volunteering
- Good Practices with Solidarity Activities. (Inclusive solidarity)
- Promoting Solidarity through sportive activities and creative Workshops; public gaming and presentation activities
- Partners input, providing various solidarity support solutions (Within each Organization and Nationwide in each partner country).
- through Collecting and Recycling activities such as:
- Seminars and informative meetings for explaining what are the acceptable recyclables, and how they should be prepared for intelligent recycling.
- paper recycling – by contract with firms and Companies



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- Plastic bottles and caps (in exchange for modern medical instruments and apparatuses,
- Second hand clothes and shoes for the ones who are in need
- Clean used toys
- Well preserved books, for enriching the funds of small towns, (lost, or partly destroyed by disasters (fire, floods, or mould) book storage in small towns' villages', or schools') libraries.
- A great number of workshops (resulting in useful products), inspirational sub-projects, and campaign activities for fundraising and gathering donations.